

Madison High School
THE WARHAWK BULLETIN
FRIDAY, JANUARY 20, 2023

“To prepare students to be 21st century global citizens by establishing a positive trajectory for success through a rigorous curriculum and a comprehensive educational experience.

2022-2023 BELL SCHEDULE

Regular School Day

Period 1	8:45 – 9:42
Nutrition	
Period 2	9:49 – 10:46
Period 3	10:51 – 11:48
Lunch	11:53 – 12:23
Period 4	12:28 – 1:25
Period 5	1:30 – 2:27
Period 6	2:32 – 3:29



PLC Schedule – 9/14, 10/12, 11/9
12/14, 1/11, 2/8, 3/8, 4/12, 5/10

Nutrition	
Period 1	10:03 – 10:47
Period 2	10:54 – 11:38
Period 3	11:43 – 12:27
Lunch	12:32 – 1:02
Period 4	1:07 – 1:51
Period 5	1:56 – 2:40
Period 6	2:45 – 3:29

FINALS WEEK

THURSDAY, Jan 19th Periods 1, 2 & 3

FRIDAY, Jan 20th Periods 4, 5 & 6

PERIODS 1, 4.....8:45AM TO 10:20AM

PERIODS 2, 5.....10:25AM TO 12PM

LUNCH.....12:05PM TO 12:35PM

PERIODS 3, 6.....12:40 TO 2:15PM

TIPS FOR SUCCESS FROM NURSE JEN

Why is sleep important during exams?

They say the best 'food' for the brain is sleep. You need to allow yourself, 8-9 hours' sleep every night. This will allow your brain to fully function the next day, your concentration levels will remain high and you will have more energy throughout the day.

DANCE TEAM GUILTEA FUNDRAISER

Come grab a sweet treat and hang out at GuilTea on Friday, **January 20th** (after finals) from 3:30-7pm. Mention that you are there to support Dance Team to help us raise money for uniforms! Then catch us performing at the Varsity Basketball Home Game at Half time!

JOB OPPORTUNITY

Looking for a job? The Live Well San Diego Youth Sector is currently looking for the following positions, Youth Sector Coordinators, Youth Leaders and Content Creators. Students ages 16-24 years old are encouraged to apply! Please see this FLYER for more details. The deadline to apply is **January 22, 2023** at www.livewellsd.org/youth or email: LiveWellYouth@sdcounty.ca.gov. If you have questions contact Ms. Middlebrooks (vmiddlebrooks@sandi.net)

SAN DIEGO BLACK COLLEGE EXPO

San Diego County of Education Presents 6th Annual San Diego Black College Expo on **Thursday January 26th 2023** at MLK Center at Bayview at 12:30pm to 5pm. Students have a chance to meet 1:1 with 20+ HBCUs and a variety of other colleges and universities. If you're a Senior or Junior you have a chance to get accepted and awarded scholarships right on the spot (Must bring your transcripts). There is an opportunity to get Educational Resources. Everyone is Welcome...it's for students of all Ages. RSVP your spot on the bus. **Space is limited so sign up fast.** See Ms. Middlebrooks if you have any questions. <https://docs.google.com/forms/d/e/1FAIpQLSfAhxuA2csdt2Kt-qns0yh5kVZOKk21MqwX66SCI8KUYHoag/viewform>

VOLUNTEERS NEEDED	<p>The American Lung Association is currently seeking volunteers for the Lung Force Walk on January 29th, 2023 at Liberty Station. Sign up to learn about working for a non-profit, gain experience and help promote and advocate for lung health amongst your peers and community. For questions and further information, see link below, contact Michelle Gonzales at michelle.gonzales@lung.org or see Ms. Middlebrooks if in the office. https://exchange.sandi.net/owa/projection.aspx#:~:text=Looking%20to%20make,have%20any%20questions</p>
BOYS VOLLEYBALL	<p>Coach Tongg will have a pre-season meeting in Coach Lovato's room 1002 on Monday, January 30th at lunchtime.</p> <p>Last year the team had an outstanding season winning CIF and doing extremely well in State playoffs, and are looking for boys who are interested in competing at a very high level as well as learning a new sport as they field a JV and Varsity team.</p> <p>If you are interested, please see Ms. Trombley in the front office or Coach Jackson regarding athletic clearance forms.</p> <p>Tryouts start on Monday Feb 6, time TBD, but you need all completed paperwork done in order to physically be on the court.</p> <p>Email Coach Tongg for any further information, STongg@sandi.net.</p>
YEARBOOK	<p>SENIORS: The deadline to purchase a SENIOR AD in the yearbook is approaching quickly at the beginning of February. This is a great way for families to congratulate you as a high school graduate with your own section in the 2023 yearbook.</p> <p>You must purchase your ad and download your photos through the Jostens website.</p> <p>All Students: The price for yearbooks is going up on February 1 to \$90.</p> <p>Purchase yours today! For those who have already purchased a book, the last day to add personalization to the cover of your book is also in February. Don't delay!</p> <p>See Ms. Barker in Room 701A with any questions.</p>
BACHATA DANCE PARTY NIGHT	<p>Dance Team will be hosting a Bachata Night Party Fundraiser on Thursday, February 16th from 4-6pm. We will start with a 30 minute lesson on Bachata basics and then have an open floor party to dance bachata with all of your friends! Bring a partner to dance with or come alone! \$3 solo entrance, or bring a friend and enter together for \$5. Location: Dance Room (behind the Gym).</p>
ATTENTION SENIORS!	<p>Are you planning on attending Mesa College in the Fall?</p> <p>If so, you do not want to miss Madison @ Mesa Day! The fieldtrip will take place on Friday 2/24 in the morning. Students will get the opportunity to be on Mesa's campus to take a tour and attend helpful workshops. Every student that attends will receive Orientation Credit as part of their application process.</p> <p>In order to be eligible, you must submit the Mesa Application (When you register, we will provide assistance to make sure you get the application submitted on time!).</p> <p>To sign up, register for the field trip here: https://forms.gle/2P1p9sMXZLz8297R8.</p> <p>You can find the registration link in your google classroom as well. See Mrs. Colón with any questions.</p>
REMINDER ABOUT FOOD DELIVERIES	<p>Please remember that food/drinks are NOT allowed to be delivered for lunch from GrubHub, Uber Eats, Door Dash, etc.</p> <p>If family/guardians are bringing you food/drinks, please remind them to drop it off at the attendance window ONLY.</p> <p>In an effort to keep our campus safe, you are NOT allowed to meet them in the parking lot</p>

COVID
TESTING

You must be registered to have Covid testing on Wednesdays at Madison. Link to sign up for Covid testing on campus: https://my.primary.health/l/sdusd_2022
REMINDER: Testing ends January 31st. The district is moving to an all home testing model and we will supply the tests. Thank you

COUNSELOR DISTRIBUTION

Mrs. Guerra	A – G	X 3034
Ms. Colon	H – N	X 3035
Mrs. Sphonix-Rust	O – Z	X 3037